

*“So Let your light shine before men, that they may see your good works, and glorify your Father who is in Heaven.” Matthew 5:16*



*St. Henry Church and School  
Time and Talent Booklet*

### **Pastoral Council**

Twelve members of the parish are elected to the council. The council serves in an advisory role to the pastor, makes policy, and oversees and assists parish organizations.

### **Finance Board**

The pastor appoints members for a three-year term. The function of the board is to become aware of diocesan parish financial policies and procedures; to monitor the income and expenditures in relationship to the approved budget of the Parish Pastoral Council; and to review the proposed budget.



**Altar Servers** have the important responsibility of assisting the celebrant during the Mass. All those in 5th grade and above who are interested and accepted will be trained before being asked to serve.

**Cursillo** is an international movement of dynamic spiritual growth within the Church. This weekend retreat experience begins on a Thursday evening and ends Sunday evening. It helps develop an understanding of what it means to fully live a Christian life in your everyday situation. Cursillo provides a method to transform your life through prayer and small Christian communities and to fulfill God's divine plan.

**Daily Rosary Group** meets after 6:30 a.m. & 8:00 a.m. daily Mass and after 7:30 a.m. Saturday Mass and 7:30 a.m. Sunday Mass. This is an opportunity for all to pray the rosary in community with others.

**First Friday Adoration** occurs on the first Friday of each month. Volunteers are needed to be present with the Blessed Sacrament during exposition.

**Legion of Mary** is an international association of Catholics who, with the Pope's sanction and the powerful leadership of the Blessed Mother, work for their own sanctification, as well as that of all souls. Members become instruments of the Holy Spirit through a balanced program of prayer and service under the guidance of the Pastor. They are responsible for two hours of apostolic works each week, going out in pairs to visit the sick and aged, taking

the Fatima statue from home to home, doing Sacred Heart Enthronements in homes, promoting evangelization through personal contact, conducting prayer vigils at abortion facilities, providing religious instruction to adults and children, and any other spiritual works requested by the Pastor. Meetings are held each Thursday at 8:30 a.m.

**Ushers** welcome everyone as they arrive for Mass, collect the offertory gifts, select gift bearers, assist in seating and communion, pass out Sunday Bulletins, and tidy up the pews. We staff each Mass with a Captain and a team. Men, women and young adults are invited to help with this ministry.

**Music Ministry** consists of volunteers from the parish who lend their voices and musical talents to weekend Masses and other special liturgies of the parish. A love of all types of sacred music is the only requirement.

**Ministers to the Sick and Homebound** visit our parishioners who are homebound, in hospitals, assisted living facilities or nursing homes and bring the Eucharist to them.

The **Funeral Support Group** helps with floral arrangements as they arrive and assists with food in the Fellowship Hall by setting up, serving, packing up leftover food for the family and cleaning up. They also help families at visitations and funerals with any needs that arise.

**Liturgical Support Ministry** consists of volunteers who help maintain the liturgical environment of the Church. Duties include laundering the altar linens and Altar Server vestments, sewing Baptism garments, polishing the chalices and plates, changing out candles and holy water, and assisting with the seasonal decorating of the Church.

**Only Say the Word Healing Ministry** is a healing team that prays over anyone needing physical or emotional healing. Gatherings are held on specific evenings in the Parish Center Library, after 9:00 a.m. Sunday Mass, and before Saturday 5:00 p.m. Mass.

The **Parish Library** features a varied collection of Catholic reading material from best sellers to classics in theology. Current issues of popular Catholic magazines, children's books, audio/visual and reference materials are all part

of the collection. Be sure to take advantage of this excellent resource.

**Prayer Support Group** is a prayer team with approximately 100 faithful men and women who pray earnestly for each request we receive. Healing has been granted through these prayers.



### **Religious Education**

**Monday Morning Scripture Group** meets for an in-depth study of the bible. The Little Rock study series is used, complete with enhancing video.

**Sunday Religious Education** seeks to nourish the faith of children and youth of the parish age 3 years old through grade 12. This faith was first celebrated at Baptism and parents continue to be the primary educators of religion. On Sundays, catechists who teach continue this process for the children and youth who are not attending Catholic school. There are presently many generous and dedicated parishioners who volunteer to teach these classes on Sundays.

**“Why Catholic?” Small Faith Groups** is a unique adult faith formation program that is solidly based on Scripture and the Catechism of the Catholic Church.

**Vacation Bible School** meets during one week in June. Vacation Bible School takes place at St. Henry Church. Religious concepts and scripture passages are taught through various activities including drama, art, and music. Children who will be entering Kindergarten through Grade 4 are invited to attend. Adult volunteers lead the classes and activities. There are classes for nursery and preschool for the children of volunteers. Rising eighth graders are invited to assist.



### **Family Life**

**CYO Chaperones** volunteer for both Junior and Senior CYO activities.

- **Jr. CYO** is for students in 7<sup>th</sup> and 8<sup>th</sup> grades. We provide social and service activities.
- **Sr. CYO** is for high school aged students. We offer Spiritual

opportunities such as Vespers (Student lead program on Sunday evenings, 7:30 p.m.-8:30 p.m.) and Youth Mass, retreats, social events – dances, bowling nights, etc.; service projects such as “Teen Team”, Ronald McDonald House, and other community projects; athletic events, CYO basketball leagues, summer volleyball, ski trip, and Ocoee rafting. Our youth participate as Lectors, Ushers, Eucharistic Ministers and choir members monthly at the 5:00 p.m. Saturday Vigil Mass.

The **Young Adult Group** is for those who are in their 20’s and 30’s both married and single in our parish. The group values socializing, volunteering, and exploring questions of the Catholic faith.

The **Elizabeth Ministry** supports, encourages, and assists mothers in special times of need such as pregnancy, childbirth, adoption, fertility, miscarriage, infant loss, and hospitalization.

**Holy Family Circle** promotes Christian family life among mothers and plans programs of interest to young, growing families. This group meets on the third Tuesday of the month September through May at 9:30 a.m.

**Natural Family Planning** provides the knowledge that couples need to plan their families in harmony with their natural fertility. NFP respects the dignity of the total person as created in the image of God.

**Respect Life Committee** works in conjunction with our pastor and the Diocese to promote the sanctity of all human life. It works to raise awareness about the tragedy of abortion, to keep abreast of changes within federal, state, and local laws, to influence laws that protect life, to support pro-life agencies, and to pray for the end of abortion and increased respect for life.

The **Boy Scout Program** consists of several patrols, with boys ranging in age from 11 to 18 years and meets every Monday from 7 p.m. to 8:30 p.m., in the School Dining Hall. Adult leaders assist in many service projects, go on monthly outings, host two fund raising events per year (for two major trips), and participate in the Scutorama.

The **Girl Scout Program** consists of troops from the first through the twelfth

grade. The troops meet at various times, usually after school. Girl Scouts participate in several areas of community service. Cadet Scouts work on their Silver Award and Senior Scouts work toward their Gold Award, the highest honor given to a Girl Scout. Adult volunteers help and assist in these activities.

The **Cub Scout Program** of Pack 80 is open to all boys of the parish who have started the first grade through the fifth grade. With adult leaders, they meet as individual “dens” on a weekly basis, and a full meeting of the pack meets the third Wednesday of each month. Activities include field trips, crafts, rank advancement, pinewood derby, and religious award opportunities.



### **Evangelization**

**Come Home** is an outreach to inactive Catholics. Catholics who have been away from the church and are seeking a way to come back are encouraged to participate. A series of informal gatherings are held to address any issues that can possibly help guide them in their journey back to the Catholic Church.

**Rite of Christian Initiation (RCIA)** is the process by which adults and youth become members of the Catholic Church, as mandated by Vatican Council II and approved by the United States Conference of Catholic Bishops for the restoration of the catechumenate process.



### **Parish Life**

**Fellowship Sunday** provides coffee, juice, and donuts by volunteer groups and families after Sunday 9:00 a.m. Mass. This ministry is a catalyst to meet new and old parishioners. It is held in the Fellowship Hall.

The **Knights of Columbus** has become the largest lay organization in the Catholic Church. The Order has been called “the strong right arm of the Church,” and has been praised by popes, presidents, and other world leaders, for support of the church, programs of evangelization, and Catholic education, civic involvement and aid to those in need. St. Henry’s Knights of Columbus 12012 serves the parish and community by raising and distributing over \$10,000 each year, working with youth, volunteering, hosting social events, and supporting individuals and groups in meeting their goals. Membership is open to Catholic men age 18 and over.

**Office Mailing Support** uses volunteers to help stuff, seal, and stamp parish-wide mailings.

The **Parish Picnic** provides an occasion for parishioners to meet for relaxation and fun and to intermingle with one another in a casual setting.

The **Sunshine Club** is open to both men and women age 55 and older. This group works to promote a combination of social and spiritual fellowship through monthly meetings and outings.

**St. Henry Men's Club** is dedicated to promoting fellowship among all men of the Parish through social, spiritual, and task-oriented activities. In addition, it functions as an accessible resource to other organizations of St. Henry Parish and School on an "as needed" basis.

**St. Henry Women's Club** consists of all women who are registered members of St. Henry Parish. Its mission is to serve the needs of our pastor, our church community, and the community of Nashville as well. Programs are held on the first Wednesday of every month September through May and the goal is for these programs to be spiritual, informative, and enjoyable. Volunteer efforts include altar care, garden care, food closet, clothing drive, prayer support, bereavement support, and many other activities. We would encourage all women to join us in our journey to get to know one another better, as we continue the work of our church.

#### *Committees of the Women's Club*

- The **Bereavement Ministry** provides a connection between St. Henry Parish and the bereaved by sending Mass cards to the family and in most cases provides a simple meal.
- The **Wedding Guild** members attend the rehearsal and the wedding. They assist the celebrant and direct the processional and recessional of the wedding party. They also assist the families and wedding party with any need that may arise the day of the wedding.
- The **Food Closet** is stocked and maintained under the auspices of both the

St. Vincent de Paul Society and the Women's Club. In the Parish Center, boxed and canned goods are categorized and bagged regularly to provide adequately for families in need.

- The **Garden Care** volunteers plant and care for the plants and flowers outside the Parish Center and on the patio on the side of the Church.
- The **Hospitality Committee** arranges for refreshments for those attending various spiritual and social events held at the parish.
- The **Loaves & Fishes Lunch Program** volunteers prepare and serve lunch on the third Monday of each month to the needy at Holy Family Name.
- The **Stitching & Sharing** group sews and knits "Linus" blankets for children who are hospitalized and make hats and scarves for the homeless. Volunteers are always welcome to come to help knit and make rosaries.

**Career Transitions Support Ministry** is a networking effort of interested St. Henry parishioners who meet in an informal setting to support and encourage each other in times of career uncertainty and transition. Meetings are on alternate Sunday evenings at 7 p.m. in the Parish Center Library.

The **Go Green** Environmental Ministry works to heighten awareness of environment issues through a number of recycling programs and sponsorship of two Community Supported Agriculture Farms.



The **Stewardship Committee** actively seeks to educate the parishioners and implement the practices of the biblical directive to place God first when distributing time, talent, and treasure. The annual stewardship appeal is designed and executed by these volunteers as well as the Time & Talent Fair and other community building activities.

The **Welcome Committee** contacts newly registered parishioners on a personal level to make them feel welcome, help them get acquainted, and introduce them to the resources and activities of the St. Henry Parish Community.



### **Social Action**

The **Campus for Human Development** is an interfaith agency for the homeless that supplies daycare, food stamps, and job and housing assistance.

**Caring Choices** offers free pregnancy counseling to anyone experiencing an unplanned pregnancy. They provide material assistance (diapers, formula, clothing), free pregnancy tests, and adoption services. Volunteers provide supportive counseling and clerical duties.

**Charitable Constructors** provides volunteers to make home repairs to St. Henry parishioners who are home owners with urgent needs and who cannot afford to purchase the labor and materials necessary to make their house safe and secure. Capacity to pay is determined and negotiated with each recipient. Applications and more information are available on the St. Henry website under Social Action, or in the Parish office.

**Hope Clinic for Women** is a faith-based, non-profit organization that provides a safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. They provide Christian alternatives to abortion through education, counsel, and medical care.

The **Interfaith Dentistry Program** is a non-profit organization providing affordable dental care to low-income, working families who do not have dental insurance.

**Matthew 25** is a partner agency with the United Way and Veterans Administration that provides a supportive and non-threatening environment, including counseling, room and board, and job assistance, for up to eight months, to men who make a commitment to remove themselves from the addiction that has made them homeless and unable to support themselves. Parish members and groups can assist by preparing dinner for 35 men one night, donating magazines, paperback books, bus tickets, supermarket gift

**North Nashville Outreach** assists the most in-need of North Nashville. Volunteers provide home visitation, tutoring, help with finding employment, and assistance to the elderly.

**Parish Twinning Program of the Americas** is a ministry that pairs Haitian parishes with their American and Canadian counterparts. Since 1978, contributions from St. Henry Church have provided educational, medical, and economic supplies to our brothers and sisters in Haiti.

**Prison Ministry** serves women in the Tennessee Prison For Women by providing opportunities for them to communicate with their children and families through simple card crafts. Following the tradition of Mother Theresa, we offer our presence as a sign of Jesus' love for each woman.

**Project Reflect** serves economically deprived children who are not succeeding in school through two charter schools (elementary and middle school). After school activities and bus services are also provided.

**Reconciliation Guest House** creates an environment where families can support one another and meet their emotional and spiritual needs throughout the crisis of the incarceration of a loved one. Services offered include a guesthouse where family members may stay while visiting a loved one in prison, a support group for adults as well as tutoring and special programs for children.

**Room in the Inn** houses homeless guests at St. Henry from the first Sunday night in November to the last Sunday night in March. Volunteers can help in any one of a number of ways: set up in the gym and dining hall, drive vans, prepare dinners and sack lunches, spend the night as innkeepers, or clean up in the morning.

**St. Vincent de Paul Society** provides assistance to parishioners and non-parishioners with a variety of needs. The more common needs are food, clothing, shelter, utilities, transportation, and medical care. Assistance with food, utilities and rent are the most common requests. Our main source of funds is the monthly collection after each Mass on the second Sunday of each month.

**Safe Haven Family Shelter** is an overnight shelter for five homeless families. Volunteers from St. Henry help on the first Thursday of each month by staying overnight as innkeepers, by preparing and serving a dinner for 20-25, and by contributing nonperishable breakfast foods for 20-25 people.



### **St. Henry School**

The **Home and School Association** is an organization made up of each family whose children attend St. Henry School. It is a fun group of volunteers who participate as Room Moms, Dining Hall Volunteers, Library Assistants, Fund Raising Chairs, and much more. It is a great way to make new friends and participate in stewardship.

The **School Development Office** exists to invite everyone in the life of the school to become involved spiritually and/or financially in the school's mission and vision for the future. It is responsible for the Annual Development Drive and Annual Report, the Pinnacle (school newsletter), Grandparent's /Special Friend's Day, advertising, open houses, student pictures, and several small funding programs.

### **Diocesan Wide Ministries**

**Catholic Charities** is a social services agency providing a variety of services to people in 38 counties of Middle Tennessee. Through the departments of Caring Choices, Family Assistance and Community Employment, Social Services, and Refugee and Immigration Services there are a broad range of services provided to the community. Services are available to people of every religious, ethnic, cultural, and racial background.

**The Ladies of Charity of Nashville** is a United Way recipient. Funds derived from Thrift Shop sales, Stuff Galore Garage Sale, and other charitable donations supplement the amount allotted by United Way in helping the needy. In addition to providing layettes for newborns, clothing, and food to the needy, LOC provides monthly bingo to residents of Bordeaux Hospital and approximately 700 food baskets at Christmas as well as a four-year scholarship to either Father Ryan, Pope John Paul II, or St. Cecilia each year. Membership meetings are held quarterly along with a social in the summer.

diocesan meetings, retreats, conferences, and workshops. The main purpose and projects are to support our Bishop and Priests and to grow spiritually.

**Marriage Preparation Ministry** is a team of married couples actively and prayerfully helping couples who attend Engaged Couples Retreat to prepare for the Sacrament of Matrimony. Ideals, attitudes, and life experiences are shared through talks and group discussions.

**Office of Catechetical Formation** supports programs and special events related to catechesis that develop the life of faith for various age groups within the Diocese of Nashville.

**Refugee Services of Catholic Charities** assists several hundred refugees re-settle into this community each year. Refugees come from Central Europe, the Middle East, Asia, and Africa and are eager to work to build new lives for their families in freedom.

**St. Thomas Volunteers** visit with patients, serve customers in the gift shop, interact with families who have loved ones in surgery, and perform clerical tasks.

The **Serra Club** encourages men and women to aspire to the priesthood and religious life. These Catholic laypersons try to fulfill their own vocation to service through several functions throughout the year. Membership is open to all adults who wish to affirm and support seminarians and those in the ordained and vowed ministries.

Thank you for taking the time to read through this booklet to see where you can share your time and talents with St. Henry Parish, the Diocese of Nashville, and the community in which we live. Please fill out the accompanying Pledge Intention Form and return it on Pledge Weekend, January 15-16, 2011.

For additional information on any of these ministries, please call the Stewardship Office at St. Henry Church at 352-2259 or go to our website, [www.sthenry.org](http://www.sthenry.org).

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