



SAINT  HENRY
CATHOLIC CHURCH

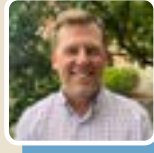
Social Action

Jesus commanded us to “Love Thy Neighbor ...”

The Social Action efforts at St. Henry provide an opportunity for our parishioners to share their time, talent, and treasure with worthy organizations outside of our Church and School community. There is no better way to share the Good News of Jesus in our daily interactions with others than by demonstrating genuine love through charitable actions. With more than a dozen wonderful organizations serving and supporting the needs of individuals and families in need throughout the Greater Nashville area, there are numerous volunteer opportunities for anyone seeking to put their “Faith into Motion”.



www.sthenry.org/social-action



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www.familyreconciliationcenter.org

of their five (5) bedrooms, the Family Reconciliation Center assists guests with certain traveling expenses and offers a community pantry that provides toiletries, beverages, and other necessities. Family Reconciliation Center offers lodging in a home-like environment so that guests feel comfortable and relaxed.

The guest house also offers community for guests who visit regularly and often form lifelong friendships in a place where everyone understands what you are experiencing and will listen and support without judgment. Besides providing lodging in one of their five (5) bedrooms, the Family Reconciliation Center assists guests with certain traveling expenses and offers a community pantry that provides toiletries, beverages, and other necessities.



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www.fiftyforward.org

Fifty Forward has become the premier nonprofit organization servicing adults 50+ throughout Middle Tennessee.

FiftyForward supports, champions, and enhances the lives of adults 50+ by providing a variety of programs and services that assist older adults who face challenges in their aging journeys, such as isolation, low incomes and other functional limitations.

The organization operates seven lifelong learning centers, offers numerous volunteer programs, and offers supportive care services such as their Friends Adult Day Services, Fresh/Meals on Wheels, and Living at Home Care Management. FiftyForward aims to help older adults remain active and engaged in their communities so that they can enjoy longer, healthier, and more fulfilling lives.

Volunteering with FiftyForward is a rewarding experience! Volunteers are needed on weekdays to deliver meals to homebound seniors through the Fresh/Meals on Wheel service or help in the kitchen with the plating of the meals to be delivered. Volunteers can also assist with the Friends Adult Day Services, a safe supportive and licensed program for seniors with cognitive and/or physical needs which prevent them from staying home alone safely.



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www.ladiesofcharitynashville.org

Ladies of Charity has been helping those in need for over 118 years. The mission of the organization is to serve the poor and those in financial crisis by providing food boxes for families, financial assistance for rent and utilities assistance, and clothing for all family members. Monthly food boxes contain enough food to prepare 36 meals including fresh produce, meat, bread, coffee and canned staples.

In 2022, Ladies of Charity distributed 1283 monthly food boxes and 800 families received food through the annual Christmas Basket Program. Over \$110,000 was paid in financial assistance for rent and utilities. \$8,000 in scholarships were awarded to four (4) area high school girls.

To raise the money necessary to provide these benefits to members of our community, Ladies of Charity conducts Consignment Sales and Stuff Galore sales. In addition to the generous donation of clothing, shoes and 'stuff' from neighbors in the community, more than 37,000 volunteer hours were contributed to Ladies of Charity to prepare and run the sale events.

Join us for fellowship with the purpose "To Serve Rather Than Be Served".



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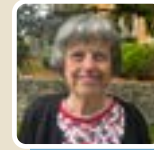


www.hopeclinicforwomen.org

Established in 1983, **Hope Clinic for Women** is a faith-based safe and confidential place for anyone dealing with life choices regarding past, present and future pregnancies. They provide access to women's healthcare, prevention education, pregnancy loss, and postpartum depression. They also offer medical care with services provided by a licensed medical staff, professional counseling, education, pregnancy case management, mentorship, and practical support regardless of age, race, religion or ability to pay.

Hope Clinic for Women is a safe place for tough choices. They work with women experiencing an unplanned pregnancy and who are considering all options including parenting, adoption and abortion. They combine practical care with a merciful, non-judgmental approach.

The Bridge Program was developed to help women who have chosen to parent their unborn child. It is designed to provide the support and resources needed to empower women (and fathers) to parent a child for up to 1 year after the birth of their baby. The program offers Mentoring, Education Classes & Support Groups, Resource & Referrals, and Professional Counseling.



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www.interfaithdental.com

At the **Interfaith Dental Clinic**, they believe that "A Smile Changes Everything".

Established in 1994 by local Nashville dentists, Interfaith Dental is a volunteer-driven nonprofit agency that helps vulnerable populations achieve and sustain a healthy smile. Initially operating as a small, part-time dental clinic working in the basement of a local church, the organization has grown to serve the community with two offices, one in Nashville and one in Murfreesboro, with 26 treatment chairs.

Today, over 150 volunteers work alongside staff to provide comprehensive services and affordable dental care for 3,500 patients annually.

Interfaith Dental serves lower income families and elderly patients who would otherwise fall between the cracks. They provide comprehensive and emergency dental services for patients who have devastating dental disease on a sliding fee scale based upon income and family size.

The services provided are transformational for patients who have experienced embarrassment, shame, poor health outcomes, and loss of employment opportunities because of dental issues they may have been forced to live with for years.



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www.matthew25nashville.org

Matthew 25 is a Nashville-based, residential facility that provides Housing, Help and Hope to veterans and homeless men in need. A service-intensive transitional housing program offers a safe, sober and supportive living environment for men wanting to change their lives.

Matthew 25 seeks to alleviate homelessness by providing the resources for men to build a foundation on which they can transition to self-sufficiency including independent living and sustained employment. This can be especially challenging for veterans who struggle with disabilities, chronic medical conditions, substance abuse or poor mental health.

A *Transitional Housing* program offers men 30 days of residency and meals while they focus on Learning, Work, Saving, and Progress. Program participants work with a case manager to develop an individualized plan targeting goals that should be reached prior to and after leaving the program.

A *Progressive Housing* program is built for men who have completed Transitional Housing but may not be ready for completely independent living. Matthew 25 maintains sixteen (16) one-bedroom efficiency apartments where men can sign a one-year lease with the possibility of two (2) six-month extensions if the are meeting objectives.

Aftercare Case Management program includes quarterly visits to men who have obtained permanent housing to assist with finance and budgeting, understanding lease agreements, meal planning, etc.



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www.nashvillerescuemission.org

The Nashville Rescue Mission is one of the oldest non-profit organizations working with people that are experiencing homelessness, hunger, disappointment, and regret.

Each night, the Nashville Rescue Mission houses an average of 800 men, women, and children seeking refuge and rest. Hot meals are served 3 times per day with close to 1600 meals served daily. Women and children have increasingly become the faces of homelessness in our community.

In response, the Nashville Rescue Mission has recently constructed a new campus with dedicated facilities for women and children. Here, they hope to provide more than food, clothing, and shelter. They intend to provide services and support that will put guests on a path to independent and sustainable housing.

Emergency Services programs provide "Hope for Today" and are focused on meeting basic needs to those requiring immediate assistance. The *Life Recovery* program is intended to provide "Hope for Tomorrow" through the development of tools required to make realistic and achievable changes that lead to a better quality of life.



NORTH NASHVILLE OUTREACH

www.cctenn.org/locations/mcgruder/

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North Nashville Outreach is a program of Catholic Charities located within the C.E. McGruder Family Resource Center on 25th Avenue. The C.E. McGruder provides a centralized location and dedicated and team servicing the needs of North Nashvillians.

The Family Resource Center is a hub for many activities including classes, programs, and special events for residents in several zip codes associated with North Nashville served by the organization.

A wide variety of Family & Adult Programs focus on building healthy, happy families in North Nashville. Destination Graduation, Fatherhood Training, More Computing, and North Nashville Outreach are all examples. Children & Youth Programs are designed to engage children and learning and personal development so that they acquire skills needed to succeed in life. Preston Taylor Ministries and Girl Scouts Troop 6000 are examples.

The North Nashville Outreach program offers St. Henry parish-ioners an opportunity to help with the distribution of nutritious food boxes to qualified senior citizens as part of the Commodity Supplemental Food Program.

Food Boxes are distributed Monday – Thursday and volunteers can participate as their schedule allows.

As this ministry ramps up, there will likely be additional volunteer opportunities.



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www.nurturethenext.org

of those early experiences directly impacts development that sets the stage for a child's future success.

How does Nurture the Next work with vulnerable families ...

- A Two-Generation Approach - By supporting the wellbeing of parents and improving the lives of children today, Nurture the Next improves the lives of families for generations to come.
- In-Home Programs provide regular staff visitations to work with parents to help them foster loving relationships and build nurturing homes for their children from pregnancy through when their child enters kindergarten.

Advocacy & Training – Provide training that shares ways that everyone in the community can support strong families that keep children safe and advocate for public investment in evidence-based family support programs.

Nurture the Next helps Tennessee families build the skills and confidence necessary to create the caring environment needed for the healthy development of their young children. They seek to ensure that all children in Tennessee are thriving in safe, stable, and nurturing families and communities.

Research demonstrates the importance of the relationship between a child and the adults in their life. The quantity and quality



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www.renewalhouse.org

Renewal House caters to women who are in need of substance abuse treatment (court ordered or self presenting). They are the only long-term residential program in Middle Tennessee that treats women and their children together. Renewal House recognizes that separating a mother or mother-to-be from her children during addiction treatment is not effective for many reasons. At Renewal House, "we treat them both" and keep mothers and children together throughout the recovery process.

The Family Residential Program is a structured family-centered recovery program where women and their children going through treatment and recovery live in independent apartments on campus. Today there are thirty-four apartments for women and up to two (2) children <10 years old. Families participate in a host of activities, services, and licensed programs to support recovery and a personal growth.

The Renewal House also runs an effective Intensive Outpatient Program that provides group therapy for women in recovery to address relapse prevention, parenting skills, wellness recovery action plans, etc.

Recovery Housing offers 2-bedroom apartment units in a safe, substance-free environment at below market rate for women who have been in recovery but have not yet found affordable independent housing.



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Open Arms Ministry began when a group of mothers felt that there was a need for a formal ministry within the Catholic Diocese for their children with developmental disabilities. Open Arms is open to all people in the diocese with special needs ages 18 and older and seeks to provide them with enrichment opportunities while sharing faith and fellowship with their local Catholic community.

The program also enables participants to volunteer their time in service to others. The Open Arms Ministry invites volunteers to become mentors in the program. Mentors are matched with a participating Open Arms Ministry 'buddy' based upon a variety of factors. Mentors provide their 'buddy' with year-round support and help them to make connections and develop relationships within their parish. Mentor activities include going to Mass together, going to fellowship events together, or even just having movie or meal outing together and even with others.

Open Arms Ministry also plans scheduled Community Nights that are designed to get program participants, their families, and mentors together for special activities or events.



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www.roomintheinn.org

Room in the Inn began during the winter of 1985 when Founding Director, Father Charles Strobel, opened the doors of his parish to individuals seeking sanctuary in the church parking lot. The organization's mission is to provide programs that emphasize human development and recovery through education, self-help and work, centered in community and long-term support for those who call the streets of Nashville home.

Of the various services provided by Room-in-the-Inn, none have enjoyed the visibility or been as popular with St. Henry parishioners than the Winter Shelter program. The program runs from November through March each year with over 100 congregations throughout Middle Tennessee participating in hosting guests. St. Henry was one of the four original churches supporting the RITI program offering space to support guests and utilizing the generosity of parishioners to support the various needs of the endeavor.

Today, several hundred St. Henry parishioners volunteer in some capacity during the course of a winter shelter season. There are a variety of ways in which people can get involved as individuals, families or groups of friends. As is often said, "those who have chosen to volunteer get more from the experience than the guests themselves".



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For more than 35 years, **Safe Haven** has led Middle Tennessee's efforts to house, support, empower and advocate for families experiencing homelessness. Their shelter-to-housing program is unique in Tennessee and is tailored to meet each family's needs. Safe Haven operates a shelter facility that can accommodate up to 10 families to address immediate housing needs.

Once settled in their shelter, Safe Haven staffers provide case management for the families, helping them to identify their needs and developing a plan for attaining self-sufficiency. Through education, training, and case management, families are prepared to a home of their own with long term economic and social success.

The agency engages a housing specialist to help families find permanent housing working with landlord partners who offer available properties as affordable housing. They work with Lifeworks of Nashville to help residents with job search, job training, interview skills and other services. Volunteers are always needed for the hospitality team which provides dinners for families staying at the shelter several nights each week. This is a great opportunity for families, groups of friends, or organizations to support neighbors.



www.safehaven.org