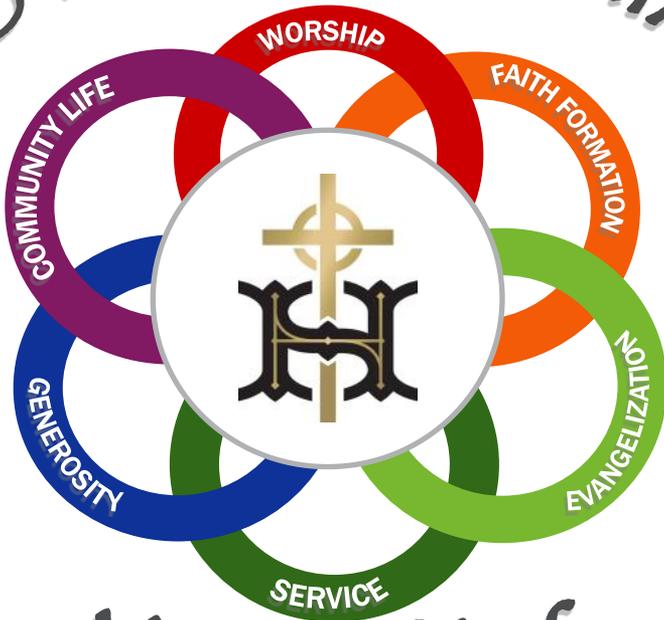


**SAINT HENRY  
CATHOLIC CHURCH**

**STEWARDSHIP**



**a Way of Life**

**2018**

**TIME & TALENT  
MINISTRIES BOOKLET**



## **Pastoral Council**

Twelve members of the parish are elected to the council. The council serves in an advisory role to the pastor, makes policy, and oversees and assists parish organizations.

## **Finance Board**

The pastor appoints members for a three-year term. The function of the board is to become aware of diocesan parish financial policies and procedures; to monitor the income and expenditures in relationship to the approved budget of the Parish Pastoral Council; and to review the proposed budget.

## *Spiritual Life*

**Altar Servers** have the important responsibility of assisting the celebrant during the Mass. All those in 5th grade and above who are interested and accepted will be trained before being asked to serve.

**Cursillo** is an international movement of dynamic spiritual growth within the Church. This weekend retreat experience begins on a Thursday evening and ends Sunday evening. It helps develop an understanding of what it means to fully live a Christian life in your everyday situation. Cursillo provides a method to transform your life through prayer and small Christian communities and to fulfill God's divine plan.

**Daily Rosary Group** meets after 6:30 a.m. & 8:00 a.m. daily Mass and after 7:30 a.m. Saturday Mass and 7:30 a.m. Sunday Mass. This is an opportunity for all to pray the rosary in community with others.

**Fishers of Men** is a ministry of Saint Henry Church whose goal is to encourage men to meet for bible study, group prayer, and reflection on how they see Christ at work in their lives. This ministry meets once a week for 1 hour (Monday mornings at 6:30 a.m.) in the Parish Center Meeting Room. Men of all ages are invited to join and participate as often as their schedule allows.

The **Funeral Support Group** is available at either the visitation or the funeral by assisting the funeral home, helping with floral arrangements as they arrive, helping family members set up pictures, and any other needs that may arise. They can also volunteer to help with food by setting up, serving, and packing up leftovers at a reception for the family after the funeral.

**Legion of Mary** is an international association of Catholics who, with the Pope's sanction and the powerful leadership of the Blessed Mother, work for

their own sanctification, as well as that of all souls. Members become instruments of the Holy Spirit through a balanced program of prayer and service under the guidance of the pastor. They are responsible for two hours of apostolic works each week, going out in pairs to visit the sick and aged, taking the Fatima statue from home to home, doing Sacred Heart Enthronements in homes, promoting evangelization through personal contact, conducting prayer vigils at abortion facilities, providing religious instruction to adults and children, and any other spiritual works requested by the pastor. Meetings are held each Thursday at 8:30 a.m.

**Liturgical Support Ministry** consists of volunteers who help maintain the liturgical environment of the Church. Duties include laundering the altar linens and altar server vestments, polishing the chalices and plates, changing out candles and holy water in the church and chapel, and assisting with the seasonal decorating of the church.

**Ministers to the Sick and Homebound** are a team of volunteers who visit our parishioners in hospitals, assisted living facilities, nursing homes, and private homes. They bring compassion, friendship, a caring heart, and the Eucharistic. They pray with them keeping their connection to the Church community as they go their journey.

**Music Ministry** consists of volunteers from the parish who lend their voices and musical talents to weekend Masses and other special liturgies of the parish. A love of all types of sacred music is the only requirement.

**Only Say the Word Healing Ministry** is a healing team that prays over anyone needing physical or emotional healing. Gatherings are held on specific evenings in the Parish Center Library, after 9:00 a.m. Sunday Mass, before Saturday 5:00 p.m. Mass, and by appointment.

**Prayer Support Group** is a prayer team with approximately 150 faithful men and women who pray earnestly for each request we receive. As we know, prayer is powerful. Healing has been granted through these prayers. If you don't have much time to commit to service, this is an important and effective method to serve. To sign up to pray or to ask for prayers, send an e-mail to [barbiebaker31@gmail.com](mailto:barbiebaker31@gmail.com).

**Prayer Shawl Ministry** of Saint Henry Church is dedicated to providing a prayerful ministry that combines ritual, care, and compassion with the love of knitting or crocheting. The ministry touches the lives of others by distributing shawls through the various outreach ministries of our parish and community.

It provides a contemplative experience that winds itself through our hearts and into the presence of God. With a fellowship of people working together to make God visible in the world, it enables us to care for others in a straight-from-the-heart approach, while encircling our parish in an eternal shawl of peace, healing, and compassion.

**Ushers** welcome everyone as they arrive for Mass, collect the offertory gifts, select gift bearers, assist in seating and communion, pass out Sunday bulletins, and tidy up the pews. Each Mass is staffed with a Captain and a team. Men, women and young adults are invited to help with this ministry.

## *Religious Education*

**Monday Morning Scripture Group** focuses on a different book of the bible each semester; group question and answer format followed by an in-depth video. Studies from Jeff Calvins, Ascension Press, Little Rock, and Scott Hahn. Beginners to scripture scholars welcome!

**Sunday Religious Education** seeks to nourish the faith of children and youth of the parish age 3 years old through grade 12. This faith was first celebrated at Baptism and parents continue to be the primary educators of religion. On Sundays, catechists continue this process for the children and youth who are not attending Catholic school. There are presently many generous and dedicated parishioners who volunteer to teach these classes on Sundays.

**Vacation Bible School** meets during one week in June and takes place at Saint Henry Church. Children who will be entering Kindergarten through grade 7 are invited to attend. For our Kindergarten through 4th grade children, religious concepts and scripture passages are taught through various activities including Bible discovery, games, and music. For our middle school children in grades 5 through 7, their work is spent playing games, going to the Chapel and working on special art projects to name a few. Adult volunteers lead the classes and activities. There are classes for nursery and preschool for the children of volunteers. Rising eighth graders are invited to assist.

## *Family Life*

The **Boy Scout Program** consists of several patrols, with boys ranging in age from 11 to 18 years and meets every Monday from 7 p.m. to 8:30 p.m., in the School Dining Hall. Adult leaders assist in many service projects, go on monthly outings, host two fund raising events per year (for two major trips), and par-

ticipate in the Scoutorama.

The **Cub Scout Program** of Pack 80 is open to all boys of the parish who have started the first grade through the fifth grade. With adult leaders, they meet as individual “dens” on a weekly basis, and a full meeting of the pack meets the third Wednesday of each month. Activities include field trips, crafts, rank advancement, pinewood derby, and religious award opportunities.

### **Youth and Young Adult Ministry**

Our goal in the Youth Office is to walk together in faith, to live and share the Gospel in our community, and to grow with God on the journey. Each group engages in service, social and spiritual experiences. A further explanation of each group can be found below with examples:

**Saint Henry Junior Youth** is for students in 7<sup>th</sup> and 8<sup>th</sup> grades. Highlights on the agenda this year include a rafting trip down the Ocoee, several dances and a bonfire. Adult chaperones are always welcome.

**Saint Henry Senior Youth** is for high school aged students. A sampling of plans for this year include our weekly Vespers (Student-led program on Sunday evenings, 7:30 p.m.-8:30 p.m.), CYO basketball, “faith breaks” to share and support each other spiritually, our winter ski trip, and monthly Youth Mass where our students serve as Lectors, Ushers, Eucharistic Ministers and Choir members.

**Saint Henry Young Adult Ministry** is for young adults in their 20s and 30s. Activities ahead include trivia nights, kickball, zip lining and opportunities to gather for Mass, Adoration and Faith Sharing.

The **Elizabeth Ministry** supports, encourages, and assists mothers in special times of need such as pregnancy, childbirth, adoption, infertility, miscarriage, infant loss, and hospitalization. Meals may be provided once the church office is notified.

The **Girl Scout Program** consists of troops from the first through the twelfth grade. The troops meet at various times, usually after school. Girl Scouts participate in several areas of community service. Cadet Scouts work on their Silver Award and Senior Scouts work toward their Gold Award, the highest honor given to a Girl Scout. Adult volunteers help and assist in these activities.

**Holy Family Circle** promotes Christian family life among mothers of

young children who meet for fellowship, fun, and community causes. HFC meets on the third Friday of each month, September - May at 9:30 a.m. in the Fellowship Hall or Parish Center Meeting Room. Childcare is provided for walkers to age 3.

**Natural Family Planning** provides the knowledge that couples need to plan their families in harmony with their natural fertility. NFP respects the dignity of the total person as created in the image of God.

**Respect Life Committee** works in conjunction with our pastor and the diocese to promote the sanctity of all human life. It works to raise awareness of local laws, to influence laws that protect life, and to support pro-life agencies regarding the tragedy of abortion. The committee also keeps abreast of changes within federal and state laws, and encourages others to pray for the end of abortion and increased respect for life.

## *Evangelization*

**Rite of Christian Initiation (RCIA)** is the process by which adults and youth become members of the Catholic Church, as mandated by Vatican Council II and approved by the United States Conference of Catholic Bishops for the restoration of the catechumenate process.

## *Parish Life*

**Bingo Bunch Volunteers** have fun serving the Saint Henry Seniors once a month while sharing in food and fellowship. Help is needed to set up, assist with Bingo, serve lunch and clean up.

**Fellowship Sunday** provides coffee, juice, and donuts by volunteer groups and families, served at the completion of the Sunday 9:00 a.m. Mass in the Fellowship Hall. This ministry is a catalyst to meet new and old parishioners. Volunteers (single, groups, or families) are needed each week to help prepare, serve and clean up in order to keep this ministry.

The **Knights of Columbus** has become the largest lay organization in the Catholic Church. The Order has been called “the strong right arm of the Church,” and has been praised by popes, presidents, and other world leaders, for support of the church, programs of evangelization, Catholic education, and aid to those in need. Saint Henry Knights Columbus 12012 serves the parish and community by raising and distributing civic involvement of over \$10,000

each year, working with youth, volunteering, hosting social events, and supporting individuals and groups in meeting their goals. Membership is open to Catholic men age 18 and over.

The **Parish Picnic** provides an occasion for parishioners to meet for relaxation and fun and to intermingle with one another in a casual setting.

**Prime Timers** is a group of parishioners 50+ years young who would like to have fun and participate in church organized outings, short day trips, and events in Nashville and surrounding areas. Call the church office for information on upcoming events and remember to always check the bulletin.

**The Rosary Making group** is open to anyone interested in making rosaries, learning how to make rosaries, or helping others learn. A group meets throughout the year for fellowship and rosary making. Supplies are also available in the church office for those who wish to work on them at home. These rosaries are donated to many of the parish ministries and agencies in our community.

**Saint Henry Men's Club** is dedicated to promoting fellowship among all men of the Parish through social, spiritual, and task-oriented activities. In addition, it functions as an accessible resource to other organizations of Saint Henry Parish and School on an "as needed" basis.

**Saint Henry Women's Club** consists of all women who are registered members of Saint Henry Parish. Its mission is to serve the needs of our pastor, our church community, as well as the community of Nashville. The Women's Club provides programs that are spiritual and informational. Along with fellowship, volunteer efforts include altar care, garden care, clothing drive, prayer support, bereavement support, and many other activities. We would encourage all women to join us in our journey to get to know one another better, as we continue the work of our church.

### *Committees of the Women's Club*

- The **Bereavement Ministry** provides a connection between Saint Henry Parish and the bereaved by sending Mass cards to the family and in most cases provides a simple meal.
- The **Garden Care** volunteers plant and care for the plants and flowers outside the Parish Center, at the Walk of Faith, and outside the Fellowship Hall by maintaining a list and schedule of helpers.

- **Hospitality Ministry** assists with various spiritual and social events held in the parish. Members support the parish with food, set-up, serving, and clean-up.
- The **Stitching & Sharing** group sews and knits “Linus” blankets for children who are hospitalized and make hats and scarves for the homeless. Volunteers are always welcome to come to help knit.
- The **Wedding Guild** members attend the rehearsal and the wedding. They assist the celebrant and direct the processional and recessional of the wedding party. They also assist the families and wedding party with any need that may arise the day of the wedding.

The **Sunshine Club** is open to both men and women age 50 and older. This group works to promote a combination of social and spiritual fellowship through monthly meetings and outings.

The **H.O.P.E. Ministry** (Healing, Optimism, Prayer and Encouragement) is a community that gathers to support the healing journey through cancer and other life-changing illnesses, including survivors, caregivers, family members and friends. It provides sanctuary for connection, spiritual growth, prayer, expression, and fellowship in the presence of God with others who understand. Meetings are casual, confidential, and respect the fact that everyone has a different level of comfort when it comes to sharing. Just listening is ok. If you are looking for support and connection or would like to give the gift of time and support to others within the group, please contact us at [thehopeministry1@gmail.com](mailto:thehopeministry1@gmail.com).

## *Stewardship*

**The Senior Luncheon** is held each fall and is organized and supported by this group of volunteers, with the SHS eighth grade boys serving as hosts for the guests. All are invited to participate in planning and executing the luncheon for our senior parishioners.

**The Time and Talent Fair** is held bi-annually after all four Masses. It provides an opportunity for parishioners to learn more about the ministries supported by Saint Henry and learn ways that they can become more involved in the parish. Volunteers are needed for planning, set up, and help during the fair.

The **Welcome Committee** contacts newly registered parishioners on a personal level to make them feel welcome, help them get acquainted, and introduce them to the resources and activities of the Saint Henry Parish Community.

## *Social Action*

**The Campus for Human Development/Room In The Inn** is an interfaith agency for the homeless that supplies daycare, food stamps, and job and housing assistance.

**Caring Choices** offers free pregnancy counseling to anyone experiencing an unplanned pregnancy. They provide material assistance (diapers, formula, clothing), free pregnancy tests, and adoption services. Volunteers provide supportive counseling and clerical duties.

**Charitable Constructors** is a program under the Saint Henry Social Action Committee which provides free construction labor to approved candidates, and especially targets those who have urgent needs and are financially unable to pay for the needed services. Capacity to pay for materials and professional services needed is determined and negotiated with each recipient. Applications and more information are available in the Parish office or by emailing [margotdesch@gmail.com](mailto:margotdesch@gmail.com) or [ChrisLWilliamz@gmail.com](mailto:ChrisLWilliamz@gmail.com).

**Family Reconciliation Center** creates an environment where families can support one another and meet their emotional and spiritual needs throughout the crisis of the incarceration of a loved one. Services offered include a guesthouse where family members may stay while visiting a loved one in prison, a support group for adults as well as tutoring and special programs for children.

The **Go Green** Environmental Ministry works to heighten awareness of environment issues through a number of recycling programs and sponsorship of a Community Supported Agriculture Farm (CSA).

The **Haiti Mission**, a part of the Twinning Program of the Americas, currently supports two Haitian parishes, Notre Dame de Guadalupe in Darlegrand and St. Thomas of Thomassique. Since 1978, contributions from Saint Henry Church have provided educational, medical, and economic supplies to our brothers and sisters in Haiti. Volunteers have not only made trips to Haiti to assess the needs of the parishes, but also continue to work to create an awareness at home of how our parish efforts are making a difference.

**Hope Clinic for Women** is a faith-based, non-profit organization that provides a safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. They provide Christian alternatives to abortion through education, counsel, and medical care.

The **Interfaith Dentistry Program** is a non-profit organization providing affordable dental care to low-income, working families who do not have dental insurance.

**The Loaves & Fishes Lunch Program** volunteers prepare and serve lunch on the third Monday of each month to the needy at Holy Name Church. Additionally, volunteers bake brownies that are delivered to the church on that day.

**Matthew 25** is a partner agency working with the United Way and Veterans Administration that provides a supportive and non-threatening environment, including counseling, room and board, and job assistance for up to eight months to men who make a commitment to remove themselves from the addiction that has made them homeless and unable to support themselves. Parish members and groups can assist by preparing dinner for 35 men one night, donating magazines, paperback books, bus tickets, supermarket gift certificates, durable men's work clothes or supporting the job needs of an enrollee. This agency has shown itself to be very effective in accomplishing its mission.

**North Nashville Outreach** assists the poor of North Nashville through literacy classes, short-term financial aid, and food boxes. This agency benefits from the donated food, school uniforms, winter coats and Christmas gifts that Saint Henry Church provides.

**Saint Henry Room in the Inn** houses homeless guests at Saint Henry from the first Sunday night in November to the last Sunday night in March. Volunteers can help in any one of a number of ways: set up in the gym and dining hall, drive vans, prepare dinners and sack lunches, spend the night as innkeepers, or clean up in the morning.

The **St. Vincent de Paul Conference** at Saint Henry Church provides assistance to parishioners and non-parishioners with a variety of needs. It is staffed by members of Saint Henry and supported by a monthly collection at the church and food collections at the school. Our local conference, with the generous support of Saint Henry parishioners, helps those in need with necessities like food, utilities and rent.

**Safe Haven Family Shelter** is an overnight shelter for five homeless families. Volunteers from Saint Henry help on the first Thursday of each month by staying overnight as innkeepers, by preparing and serving a dinner for 20-25, and by contributing nonperishable breakfast foods for 20-25 people.

## *Saint Henry School*

The **Home and School Association** is an organization made up of each family whose children attend Saint Henry School. It is a fun group of volunteers who participate as Room Moms, Dining Hall Volunteers, Library Assistants, Fund Raising Chairs, and much more. It is a great way to make new friends and participate in stewardship.

The **School Development Office** exists to invite everyone in the life of the school to become involved spiritually and/or financially in the school's mission and vision for the future. It is responsible for the Annual Development Drive and Annual Report, the Pinnacle (school newsletter), Grandparent's/Special Friend's Day, advertising, open houses, student pictures, and several small funding programs.

## *Diocesan-Wide Ministries*

**Catholic Charities** is a social services agency providing a variety of services to people in 38 counties of Middle Tennessee. Through the departments of Caring Choices, Family Assistance and Community Employment, Social Services, and Refugee and Immigration Services there are a broad range of services provided to the community. Services are available to people of every religious, ethnic, cultural, and racial background.

**The Ladies of Charity of Nashville** is a United Way recipient. Funds derived from Thrift Shop sales, Stuff Galore Garage Sale, and other charitable donations supplement the amount allotted by United Way in helping the needy. In addition to providing layettes for newborns, clothing, and food to the needy, LOC provides monthly bingo to residents of Bordeaux Hospital and approximately 700 food baskets at Christmas as well as a four-year scholarship to either Father Ryan, Pope John Paul II, or St. Cecilia each year. Membership meetings are held quarterly along with a social in the summer.

**The Diocesan Council of Catholic Women** is a group of women from each parish in the Nashville Diocese who come together several times a year at diocesan meetings, retreats, conferences, and workshops. The main purpose and projects are to support our Bishop and Priests and to grow spiritually.

**Marriage Preparation Ministry** is a team of married couples actively and prayerfully helping couples who attend the Engaged Couples Retreat to prepare for the Sacrament of Matrimony. Ideals, attitudes, and life experiences are shared through talks and group discussions.

**Office of Catechetical Formation** supports programs and special events related to catechesis that develop the life of faith for various age groups within the Diocese of Nashville.

**Parish Twinning Program of the Americas** is a ministry that pairs Haitian parishes with their American and Canadian counterparts. Since 1978, contributions from Saint Henry Church have provided educational, medical, and economic supplies to our brothers and sisters in Haiti.

**Refugee Services of Catholic Charities** assists several hundred refugees re-settle into this community each year. Refugees come from Central Europe, the Middle East, Asia, and Africa and are eager to work to build new lives for their families in freedom.

The **Serra Club** encourages men and women to aspire to the priesthood and religious life. These Catholic laypersons try to fulfill their own vocation to service through several functions throughout the year. Membership is open to all adults who wish to affirm and support seminarians and those in the ordained and vowed ministries.

Thank you for taking the time to read through this booklet to determine where you might share your time and talents with Saint Henry Church, the Diocese of Nashville and the community in which we live.

For additional information on any of these ministries, please call the church office at 615-352-2259 or go to our website, [www.sthenry.org](http://www.sthenry.org).

*Please complete the accompanying pledge intention card and return it on Pledge Weekend, November 18-19, 2017.*



